

The Beyond Borders Collective
TRAVEL BREAKS BARRIERS AND BRINGS US TOGETHER

Peru (Lima, Amazon, Cusco, Machu Picchu, Sacred Valley)
10 Day Itinerary (October)

Summary Information

Transportation	
International Airline	United Airlines / Avianca Airlines
International Airport Hub	Arrival: Jorge Chavez International Airport (LIM) Return: Alejandro Velasco Astete Cusco International Airport (CUZ)
Lima to Iquitos	<p>LATAM Airlines</p> <ul style="list-style-type: none"> • Depart: Jorge Chavez International Airport (LIM) • Arrive: Coronel FAP Francisco Secada Vignetta Int. Airport (IQT) <p><u>To airport:</u> Ubers available to transfer to Lima airport <u>From airport:</u> Pickup included through Cruise company (Delfin)</p>
Iquitos to Cusco	<p>LATAM Airlines</p> <ul style="list-style-type: none"> • Depart: Coronel FAP Francisco Secada Vignetta Int. Airport (IQT) • Arrive: Alejandro Velasco Astete Cusco International Airport (CUZ) <p><u>To airport:</u> Pickup included through Cruise company (Delfin) <u>From airport:</u> Arrange transportation through Cusco hotel</p>
Cusco to Machu Picchu	<p>IncaRail 360 Train</p> <ul style="list-style-type: none"> • Depart: San Pedro Station • Arrive: Aguas Calientes Station <p><u>To train station:</u> Arrange transportation through Cusco hotel <u>From train station:</u> The Sanctuary Lodge is located at the Gate of Machu Picchu and is only accessible by a public bus service (Consettur) departing Aguas Calientes between 5:30am and 3:30pm and tickets must be purchased in advance. Upon arrival at Aguas Calientes train station, purchase round-trip bus ticket from the Consettur booth. You can also email the Sanctuary Lodge (travelconciierge.mps@belmond.com) to purchase tickets ahead of time.</p>
Machu Picchu to Sacred Valley	<p>PeruRail Vistadome Train</p> <ul style="list-style-type: none"> • Depart: Aguas Calientes Station • Arrive: Sacred Valley (Hotel Rio Sagrado Station) <p><u>To train station:</u> Take public bus service (Consettur) from Machu Picchu Gate to Aguas Calientes <u>From train station:</u> train will drop you off directly at hotel</p>
Sacred Valley to Cusco	Private Car Transfer from Hotel Rio Sagrado to Cusco International Airport (arranged through hotel)

Accommodations	
Lima	<u>JW Marriott Hotel Lima</u> Malecón de la Reserva 615, Miraflores 15074, Peru
Iquitos (Amazon)	<u>Delfin III Cruise Ship</u> Pacaya Samiria National Reserve
Cusco	<u>JW Marriott El Convento</u> Esquina de la Calle Ruinas 432 y San Agustin Cusco Peru
Machu Picchu	<u>Belmond Sanctuary Lodge</u> Carretera Hiram Bingham km 7.5, Machu Picchu, Cusco, Peru
Sacred Valley	<u>Belmond Hotel Rio Sagrado</u> Km. 75.8, Carretera Urubamba-Ollantaytambo, Valle Sagrado, Cusco, Peru

International Travel Requirements*	
Tourist Visa	Peru issues free tourist visa upon arrival (link)
Passport Validity	Must have six months validity at time of entry.
Source*	<u>Travel.state.gov</u> – always refer here for the most up to date information
COVID-19	COVID-19 Travel Requirements – check with international airline and <u>US Embassy in Peru</u>
*Based on requirements for US Citizens. For all others, check local government website	

Detailed Itinerary

Day 1 – Arrival Day in Lima		
Morning		
Transportation	Arrive in Lima	See transportation details above
Afternoon		
Activities	Optional sightseeing: <ul style="list-style-type: none"> - Visit the City Center to see the churches, catacombs, etc. - Parque del Amor (Love Park) 	Note: You can easily include these activities before/after the lunch activity on Day 2
Evening		
Dinner / Drinks	Recommendations (Barranco District): <ul style="list-style-type: none"> - <u>Isolina</u> - \$\$ - <u>El Muelle</u> - \$\$ - <u>Juanito de Barranco</u> - \$ - <u>Ayahuasca</u> (Cocktails) - \$\$ 	While in the Barranco District also visit Puente de Los Suspiros (Bridge of Sighs) and tour the street art
Day 2 - Lima		
Morning		
Breakfast	<u>El Pan de la Chola</u> - \$\$	Coffee and bakery in Miraflores
Afternoon		
Lunch / Activity	<u>Ceviche and Pisco Sour Class</u> <ul style="list-style-type: none"> - Location: Miraflores - Duration: 1 hour - 12:00pm-1:00pm 	Learn the tricks and legends behind the perfect Pisco Sour with a bartender, prepare your own outstanding ceviche with a chef, all while sitting seaside.
Evening		
Dinner	<u>Astrid y Gaston</u> - \$\$\$\$	Peruvian restaurant specializing in regional seafood and meat dishes, plus cocktails and wine.
Day 3 – Transfer to Amazon Rainforest		
Morning		
Transportation	Flight from Lima to Iquitos	See transportation details above
Afternoon		
<i>Note: The Amazon Rainforest activities were part of a three-day cruise booked through a third party. The itinerary below is subject to change at the discretion of Delfin Amazon Cruises. Refer to the third-party website for the latest details.</i>		
Lunch / Transportation	Airport pickup transportation provided by Delfin Amazon Cruises. Check in and board cruise for afternoon departure. Lunch provided by Delfin upon pickup from airport. Embarkation on Cruise Ship: <u>Delfin III</u>	Limited to (1) 17lb. bag per person on cruise. Delfin will keep your luggage at their storage room free of charge.
Evening		

Activity	Maranon River skiff exploration	
Day 4 – Amazon Rainforest		
<i>Note: The Amazon Rainforest activities were part of a three-day cruise booked through a third party. The itinerary below is subject to change at the discretion of Delfin Amazon Cruises. Refer to the third-party website for the latest details.</i>		
Morning		
Activities	<ul style="list-style-type: none"> - Iquitos Cano skiff exploration - Amazon Natural Park canopy walk 	Opportunity for bird watching and sloth exploration
Afternoon		
Activities	<ul style="list-style-type: none"> - Kayaking in Yanayacu Pucate River 	The pink river dolphins reside here
Evening		
Activities	<ul style="list-style-type: none"> - Night safari - Shaman visit 	Opportunity to fish for piranhas
Day 5 – Amazon Rainforest		
<i>Note: The Amazon Rainforest activities were part of a three-day cruise booked through a third party. The itinerary below is subject to change at the discretion of Delfin Amazon Cruises. Refer to the third-party website for the latest details.</i>		
Morning		
Activity	<ul style="list-style-type: none"> - Skiff exploration in Nauta Cano 	Picnic breakfast in skiffs
Afternoon		
Activities	<ul style="list-style-type: none"> - Pisco Sour demonstration - Village visit and shopping 	Bring small amounts of cash to purchase souvenirs
Evening		
Activity	<ul style="list-style-type: none"> - Jungle walk and skiff ride to the Amazon River 	Watch the sunset with a cocktail on the Amazon River
Day 6 – Transfer to Cusco		
<i>Note: The Amazon Rainforest activities were part of a three-day cruise booked through a third party. The itinerary below is subject to change at the discretion of Delfin Amazon Cruises. Refer to the third-party website for the latest details.</i>		
Morning		
Transportation	<ul style="list-style-type: none"> - Disembarkation and transfer to Iquitos 	Breakfast provided prior to disembarkation
Activity	<ul style="list-style-type: none"> - Visit Manatee Rescue and Rehabilitation Center 	Learn about manatees and paiche
Afternoon		
Transportation	Flight from Iquitos to Cusco	See transportation details above Reminder: Obtain Inca Rail tickets at Cusco Airport (arrivals lounge)
Evening		
Dinner	<u>Qespi Restaurant</u> (at hotel) - \$\$\$\$	“Culture to table” restaurant serving local ingredients of Peru

Day 7 – Transfer to Machu Picchu		
<i>TRAVEL TIP: Time permitting, spend an additional 1-2 days in Cusco prior to departing to Machu Picchu</i>		
Morning		
Transportation	Train from Cusco to Machu Picchu <ul style="list-style-type: none"> - <u>Inca Rail 360 Train</u> - Departure in AM from San Pedro Station, arrive Aguas Calientes - Duration: 3 hours 37 min Bus from Aguas Calientes to Sanctuary Lodge at Machu Picchu <ul style="list-style-type: none"> - Consettur Bus (buses depart every 10-15 minutes) - Duration (30 minutes) 	<p>Each train ticket entitles its bearer to board the train with only one piece of hand luggage (backpack, handbag, or briefcase) weighing no more than 08 kg/17lb and with dimensions of no more 46 linear inches / 118 linear cm (height + length + width).</p> <p>See transportation details above</p>
Afternoon		
Lunch	<u>Tampu Restaurant</u> (at hotel)	
Activity	Tour Citadel <ul style="list-style-type: none"> - Self-paced (entry ticket only) - 2:00pm entry - Purchase tickets <u>here</u> 	<p>Check out our <u>blog post</u> for more information on experiencing Machu Picchu and where to find the llamas!</p> <p>Recommend leveraging the concierge at the Sanctuary Lodge to assist with booking tickets. Read about new rules and circuits for visit effective 2021 <u>here</u>.</p>
Evening		
Dinner	<u>Tampu Restaurant</u> (at hotel)	Note: Since the Sanctuary Lodge is the only hotel located at the Machu Picchu Gate, you must use the public bus service to return to Aguas Calientes. Since the bus stops operating at 3:30pm, do not plan an evening in Aguas Calientes.
Day 8 – Machu Picchu / Sacred Valley		
Morning		
Activity	<u>Belmond Ultimate Machu Picchu Tour</u> <ul style="list-style-type: none"> - 2.5-hour private guided tour of citadel + hike Machu Picchu Mountain - Guided tour of citadel at sunrise (6:00am start) - Hike Machu Picchu Mountain (3-4 hour round trip) 	<p>Photo opportunities:</p> <ul style="list-style-type: none"> - There are plenty of photo opportunities on the hike up Machu Picchu Mountain - Tour guide will also take you to some locations for post card views overlooking the citadel
Afternoon		
Lunch	<u>Tampu Restaurant</u> (at hotel)	

Transportation	<p>Bus from Sanctuary Lodge at Machu Picchu to Aguas Calientes</p> <ul style="list-style-type: none"> - Consettur Bus (buses depart every 10-15 minutes) - Duration (30 minutes) <p>Train from Machu Picchu to Sacred Valley</p> <ul style="list-style-type: none"> - <u>PeruRail Vistadome Train</u> - Departure in PM from Aguas Calientes Station, arrive at Rio Sagrado Train Station (Urubamba) - Duration: 2 hours 30 min 	<p>Get in line for the bus with plenty of time prior to departure (you will be competing with tourists departing Machu Picchu). Plan to arrive at train station 30 minutes prior to departure.</p> <p>The Rio Sagrado Hotel has its own train station (notify PeruRail of stop once you board the train).</p>
Evening		
Dinner	<u>El Huerto</u> (at hotel) - \$\$\$\$	Alternative recommendation: <ul style="list-style-type: none"> - <u>Tres Keros</u> - \$\$
Day 9 – Sacred Valley		
Morning		
Breakfast	<u>El Huerto</u> (at hotel) - \$\$\$\$	
Activity	Feed and pet the hotel's resident baby alpacas near the gardens in front of El Huerto restaurant.	Read more about the activity here
Afternoon		
Activity	Spa treatment at resort: <ul style="list-style-type: none"> - Link to spa menu - Note: Tambo del Inka also has a highly rated spa 	Alternative Recommendations: <ul style="list-style-type: none"> - See list of recommended activities here - Take a day trip to Pisac. It is known for its Inca ruins. Pisac also offers a Sunday market.
Evening		
Dinner	<u>Restaurante Tunupa</u> - \$\$	Peruvian restaurant near hotel Rio Sagrado.
Day 10 - Return Day		
Morning		
Transportation	<p>Private transfer from Sacred Valley to Cusco airport (90 minutes).</p> <p>Depart Cusco International Airport (CUZ) for flight home.</p>	<p>Recommend arranging transportation to the airport through hotel.</p> <p>If you stored extra luggage at hotel in Cusco, you could arrange to pick it up on the way to the airport.</p>

Travel Tip #1: Store Extra Luggage at Hotel in Cusco while Visiting Machu Picchu

Most trains have strict weight and size restrictions on luggage. This generally means only one piece of hand luggage (backpack, handbag, or briefcase) weighing no more than 5 kg/11lbs, measuring no more than 62 linear inches/157 linear cm (height + length + width). Note: requirements are subject to change so recommend confirming with specific train once booked.

Travel Tip #2: Prepare for Altitude Changes in Cusco and Machu Picchu

Be proactive and schedule an appointment with your doctor or with [Passport Health](#) prior to departure to obtain a prescription to Acetazolamide (Diamox) to help prevent altitude sickness in Cusco and Machu Picchu. Additionally, once you arrive in Cusco drink plenty of water and avoid large meals and alcohol.

Travel Tip #3: Leverage Hotel Concierge to Book Entry Tickets to Machu Picchu

The Sanctuary Lodge is helpful in arranging bookings and can have the tickets available upon check-in so you don't need to physically pick them up in Aguas Calientes. Book tickets early and take note of the experience you'd like (citadel, climbing Machu Picchu or Huayna Pichu Mountains, etc.). There are limited entry tickets each day and **further restrictions** are in place effective in 2021.

Travel Tip #4: Embrace the Scenery on the Train to Machu Picchu

The journey from Cusco to Machu Picchu takes you through a breathtaking scenic route through the Andes Mountains. Book a train with panoramic windows such as the [PeruRail Vistadome](#) and [IncaRail 360°](#), both suggested in this itinerary. For the ultimate luxury experience consider booking tickets on the [Hiram Bingham](#) train.

Travel Tip #5: Pack Smart for the Amazon Rainforest

Pack loose fitting clothing (lightweight long pants and long-sleeved tops) for the Amazon Rainforest. Additionally, bring a wide-brimmed hat, bathing suit, extra socks, and comfortable walking shoes. Another great tip is pre-treating clothing with Permethrin mosquito repellent.